

PSO NOVEMBER

newsletter 2025

QUARTER 1 ALMOST DONE

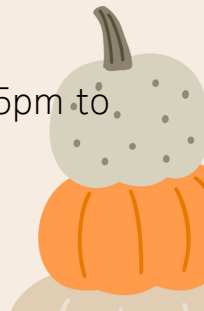
The middle of semester 1 (Quarter 1 end) is Thursday November 12th, all students need to ensure that their work is up to date so their grades (Term 1 Learning Update) reflect their full learning.

Any parents with concerns please reach out to your child's teacher immediately to discuss your concerns. Course failures at the Grade 10-12 level may have an impact on graduation eligibility.



UPCOMING EVENTS:

- Nov 8th - PSO Grad Can & Bottle Drive
- Nov 10th - Remembrance Day Assembly
- Nov 11th - Remembrance Day - Students do not attend
- Nov 12th - Quarter 1 Ends & CLC 12 Assignments Due
- Nov 13th - Grade Assesembly
- Nov 17th - Gr 8 Elective Change (E3)
- Nov 20th - Deadline for ordering a Grad Hoodie
- Nov 21st - Learning Update posted on MyEd
- Nov 24th - Pro-D Day - Students do not attend
- Nov 26th - Mandatory Grade 12 Meeting B block & Guest Speaker Justin Brien school wide assembly
- Nov 28th - Christmas Craft Fair 5pm to 8pm



GRAD HOODIES

Grad Hoodies Now Available!

Stop by the office to view samples and check sizing.

Orders close **Thursday, November 20th** — this will be the **ONLY** grad hoodie order, and no late orders will be accepted.

Price: \$80 (standard) | \$85 (with personalization)

A perfect keepsake to celebrate your graduation!

DRY GRAD INFO

Reminder: Student participation is essential to the success of our fundraisers — these efforts directly support raising funds for the Dry Grad!

We're looking for about three students to help with the Craft Fair concession on:

Thursday, November 14: 3:00–7:00 PM

Friday, November 15: 10:00 AM–4:00 PM

We're also asking for bake sale items to sell during the event.

Finally, we need volunteers to help at the hot chocolate and bake sale stand during the Santa Parade on **November 21**. **Please reach out to the Dry Grad Counsel as soon as possible.**

LITERACY & NUMERACY ASSESSMENTS

The November provincial graduation assessments have been cancelled due to the backlog from the BCGEU strike. An additional week of assessment sessions will be added in January to allow students to complete their required assessments.

GRADE 12 SCHOLARSHIP MEETING

There will be a Grade 12 Scholarship Meeting on November 26th @ 10:25. During this session, students will learn how to apply for local scholarships and will receive a scholarship handbook along with all necessary forms. Please take a moment to discuss the application process with your student. Our school counsellor Ms. Wium is connecting with Grade 12s this month to make sure they are on track to graduate.

PAC INFORMATION

We would like to extend a warm welcome to our new executive PAC: Jerrel Prodahl, President; Courtney White, Vice President; Niki Rosche, Treasurer; Kathy Grieve, Secretary and Julie Lange, DPAC Rep.

Just a reminder that there is a PAC meeting on **November 18th at 5:30pm** in the school library

LEARNING UPDATE

Learning Updates will be available in the Parent Portal on MyEducation. We are moving towards digital learning updates. However, if you need a printed copy, please call the office and we will print one for you.

For students in grades 8-9, teachers will use the Provincial Proficiency Scale. The scale uses the terms “Emerging,” “Developing,” “Proficient,” and “Extending” to describe student learning. Click **HERE** for instructions on accessing the Learning Updates. Please note that MyEd requires parents to reset their Portal password every 90 days, please contact the office to have your password reset.

STAY INFORMED

As we head into colder weather, please stay up to date with important announcements from School District 27. The SD27 website is the best source for the latest information on school bus cancellations, school closures, and other updates. www.sd27.bc.ca

CALLING IN ABSENCES

At PSO we feel regular attendance is a crucial component of academic performance. Students are expected to be on time and attend every class. If students are ill or cannot attend for other reasons, **it is up to the parent or guardian to notify the School Messenger system at 1 (833) 582-6944**, using the phone app, website login or calling the school. <https://go.schoolmessenger.com> All undocumented absences will be considered unexcused.

ERASE REPORTING TOOL

ERASE = Expect Respect & A Safe Education: Students can report a problem or find help; parents can explore resources and access training, and school staff can find resources for their classrooms and the school. ERASE posters are in classrooms and posted around the school. <https://erasereportit.gov.bc.ca/>

WINTER IS COMING

Wear Winter Clothing – Be Prepared!

As the cooler weather begins to make an appearance, we are asking for students to ensure they are wearing weather appropriate clothing to school so that they can be outside during classes and scheduled breaks. If you need help with purchasing winter clothing for your child(ren), please contact the school.

SPORTS NEWS



The girl rugby team after their 2 wins, 1 loss

Rugby has wrapped up for the fall season and will return on March 10th. This fall was a fantastic developmental period for both new and returning players, who showed great progress, teamwork, and dedication on and off the field. We're proud of the strides made this season and are excited to build on this momentum when we return in the spring.

Co-Ed Indoor Soccer practice is on Wednesdays from 3:30 to 5:00pm.



Fall Basketball is starting soon, please see Mr. Barriault for more details.



SAFER SCHOOLS TOGETHER

Last month, our Grade 8 and 9 students, staff, and parents had the opportunity to participate in presentations led by a representative from Safer Schools Together. These informative sessions focused on promoting responsible digital citizenship and guiding participants on how to navigate the online world safely, respectfully, and responsibly. Parents were provided with practical strategies, current information, and key areas of focus to help them support their children in developing safe and positive online habits. They provided parent-caregiver resources for parents to view.

[Safer Schools Together Parent Resources](#)

GUEST SPEAKER

We are excited to announce that we will have a guest speaker come to our school on **November 26th**. Justin Brien is a mental health awareness expert, transformational life coach, and inspirational speaker whose story inspires change. Having lived through the challenges of suicide, addiction, ADHD, anxiety, and depression, he now shares powerful strategies that help others build resilience and purpose. His journey from struggle to strength equips him to connect deeply with audiences, offering tools that are both practical and empowering. Justin's mission is to break stigma and spark honest conversations about mental health, guiding people toward self-discovery and renewed hope. Through his speaking and coaching, he champions the belief that everyone has value and the ability to live a meaningful life. His story reminds individuals that purpose can be found in the hardest moments—and that they matter.

COURSE WITHDRAWALS

As we are half way through a semester, course withdrawals will no longer be approved except in exceptional or extenuating circumstances. We encourage students to have early conversations with their teacher if they are finding coursework and concepts challenging.

THINGS HAPPENING AT PSO



Alex Smith & Nathan Koch in action in the TRU Carpentry dual credit program.



Peyton Kreschuk and Sydney Honeybourn after a amazing rugby match.



Loura Courtemanche and Lucy Swindell getting treats ready for the Learning Support bake sale



From Left to Right - Loura Countemanche, Laycee Zamikousky, Ira Carlson, Adler Wood, Lucy Swindell, Walker Williams and Connor Dejonghe, selling treats at the bake sale



CLUBS

GSA CLUB: MONDAYS @ LUNCH RM 147

LEADERSHIP CLUB: TUESDAYS @ LUNCH RM 120

GAMING CLUB: EVERY DAY AT LUNCH RM 118

FIBRE ARTS CLUB: FRIDAYS AT LUNCH IN LIBRARY

DRAMA CLUB - TUESDAYS AND THURSDAYS FROM
3:30 TO 5PM IN THE CAFETERIA ROOM

POETRY CLUB - PLEASE SEE MS. WIUM FOR MORE
INFORMATION

CLIMBING CLUB: THURSDAY AT LUNCH AND TUES
AFTER SCHOOL 3:30-5PM

ALSO THE GYM IS OPEN TO ALL IN THE MORNING
BEFORE SCHOOL AND AT LUNCH

Administration Team

Caitlin Currie, Principal
Shawn Meville, Vice Principal
Robert MacDonald, Vice Principal

PSO Indigenous Support Workers

Angel Smith
Sharmaine Grimes

Clerical Team

Shantell Silvey, Accounting
Sylvia Zailo, Records
Nicki Jackson, Office Front Desk

Counselling

Jodi Wium, School Counselor
Nicki Hansen, Youth Engagement Worker
Heather Wood, Careers Counselor



HALLOWEEN





Dress the Dream

Prom should be a celebration for everyone!

Dress the Dream is a community-led event created to support students who may need a little extra help making prom night special.

If you think this opportunity might be for you, please sign up in the Counselling Office at PSO.

They are also accepting donations of:

- Dresses*
 - Shoes and Boots*
 - Dress shirts, suit jackets, and pants*
 - Accessories*
- (all genders & sizes)*


Please contact Erin at 604-789-5474

Your generosity helps ensure that students can shine on their big night!

March 4 & 5 | 3:00–7:00 PM

Space is limited so sign up soon!





PSO'S 2026 GRADS

CAN & BOTTLE DRIVE

NOVEMBER 8, 2026

*Gather your bottles and cans and support
the P.S.O. 2026 grads!*

No sorting needed! Convenient drop-off available!

Bring all your cans and bottles to recycle

DROP-OFF TIMES & LOCATIONS:

10AM-2PM

175 WRANGLER WAY

100 MILE HOUSE

PICK UP AVAILABLE FROM

10AM-1PM IN THE 100 MILE

AREA

TEXT 250-900-1574





Italy, Meteora & Athens

explorica.ca/StPierre-3720

March 19 - March 29, 2028

Day 1 Overnight Flight to Italy (Rome)

Day 2 Ciao Rome

Meet your tour director and check into hotel
Rome city walk: Spanish Steps, Trevi Fountain, Pantheon, Piazza Navona

Day 3 Rome

Vatican City guided sightseeing tour: Vatican Museums & Sistine Chapel visit, St. Peter's Basilica visit
Gelato making class (pending availability)
Authentic trattoria dinner

Day 4 Rome--Florence

Ancient Rome guided sightseeing tour: Colosseum visit, Forum Romanum visit, Piazza Venezia
Travel to Florence
Traditional Italian pizza dinner

Day 5 Florence

Florence guided sightseeing tour: Palazzo Vecchio, Piazza della Signoria, Chiesa di Santa Croce, Ponte Vecchio, Duomo, Leather Workshop, Gates of Paradise, Giotto's Bell Tower, Dante's House
Optional Pisa guided excursion: Baptistry visit, Leaning Tower

Day 6 Florence--Igoumenitsa

Travel to Ancona
Overnight ferry to Igoumenitsa

Day 7 Igoumenitsa--Meteora

Travel to Meteora
Meteora monastery visit

Day 8 Meteora--Athens

Travel to Athens via Delphi
Delphi guided sightseeing tour: Visit Delphi site, Temple of Apollo
Visit Delphi site

Day 9 Athens

Athens guided sightseeing tour: Parthenon, Acropolis site visit, Temple of Athena Nike, Omonia Square, Syntagma Square, 2004 Olympic site
Athens city walk: Plaka district, Temple of Olympian Zeus, Hadrian's Arch
Greek dinner in Plaka

Day 10 Athens

Saronic Gulf Cruise full day excursion

Day 11 Flight home from Athens



Reserve your Spot!

Tour Center ID: StPierre-3720

Initial registration deadline: December 01, 2025

What's included

We provide everything you need for a remarkable trip:

- Round-trip airfare
- 7 overnight stays in hotels with private bathrooms
- 1 overnight stay in cabins on ferry
- Full European breakfast daily
- Dinner daily
- Lunch on cruise ship on extension
- Full-time services of a professional tour director
- Guided sightseeing tours and city walks as per itinerary
- Visits to select attractions as per itinerary
- Aegean Cruise on extension
- Two shore excursions on cruise
- 3 overnight stays in cabins on cruise ship on extension
- Tips to cruise staff on extension
- Tour Diary™
- Local Guide and Local Bus Driver tips; see note regarding other important tips
- Note: On arrival day only dinner is provided; on departure day, only breakfast is provided
- Note: Tour cost does not include airline-imposed baggage fees, or fees for any required passport or visa. Optional excursions, optional pre-paid Tour Director and multi-day bus driver tipping, among other individual and group customizations will be listed as separate line items in the total trip cost, if included.

Tour investment

Students (travellers under the age of 23): \$7,259

Adults (age 23 and over): \$7,994

Price reflects savings of a \$200 travel grant. Sign up by 10/31/2025 and enter code early2028 in order to take advantage of this limited-time offer!

Automatic monthly payment plan

Pay \$99 upon enrolment and the balance will be divided into equal monthly payments, charged automatically to your chequing account. As of October 07, 2025, your monthly payment would be just \$253.78. Manual plan also available; learn more on explorica.ca/paymentplans.

Travel protection

Most Explorica travellers protect their investment with our Travel Protection Plan Plus, which includes a Cancel For Any Reason waiver for only \$28 per day. To learn more, visit explorica.ca/cfar.

Enrol online,
by phone, or by mail



explorica.ca/StPierre-3720



1.888.378.8845



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a paper application on
explorica.ca/resources

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by WorldStrides®

3280 Bloor Street West
Suite 901,
Toronto, ON M8X 2X3

HOW TO STUDY BETTER *not more!*

6 SIMPLE BUT PROVEN TIPS

1. STUDY FOR 30 MINUTES AT A TIME.

Apparently, our brain only effectively absorbs information from the first and last 15 minutes of "studying," which means that everything in between will likely be forgotten. So why spend hours and hours studying if only a fraction of it will actually be retained?

2. BREAK. IT. UP!

The whole is equal to the sum of its parts, yes, but tackling the individual parts is much easier than tackling the whole.

Breaking down a big assignment into small assignments will make the task a whole lot easier, doable and manageable!



3. SET A TIMER (FOR 30 MINUTES) AND SOLELY FOCUS ON A (SINGLE) TASK.

4. TAKE A BREAK!



5. SIT AT A DESK.

Physically, sitting at a desk will ensure correct (or better) posture.

Psychologically - your posture will signal to your brain that you're supposed to be studying whereas if you're on your bed, your brain might think that it's time for sleep. Remember, your body follows directions from your brain!

6. STUDY WITH BOOKS.

Studying with physical books adds one more level of sensation to your learning.

