

OCTOBER 2025



PSO OCTOBER NEWSLETTER



PH: 250-395-2461

WEBSITE: WWW.SD27.BC.CA/PSO



PARENT TEACHER NIGHT

Join us for our fall Parent-Teacher Night on **October 29th** to discuss your child's progress.

If a teacher would like to meet, you'll receive a email next week to book an in-person appointment. You may also call to schedule a meeting starting the afternoon of **October 17**. (Further, you can arrange with your child's teacher a meeting at any time of the year.)

Enjoy sweet treats, coffee, tea, and a raffle! Youth Engagement staff, parent portal support, capstone examples, and career info will also be available. Drop-ins are welcome –we look forward to seeing you!

IMPORTANT DATES

- Oct 13 - Thanksgiving Holiday - No school
- Oct 14 - Gr 8 Elective change (E2)
- Oct 21 - PAC Meeting 5:30pm
- Oct 21st & 22nd - Early dismissal days, 1 hr. early (2:15 dismissal)
- Oct 22 - Rugby Jamboree in Prince George & Soccer Zones in PG
- Oct 23 - University Visit 9:30-11:00
- Oct 24th - Pro-D Day
- Oct 29 - Parent Teacher Interviews 5-7pm
- Oct 31 - Sr. Girls & Boys Volleyball Kodiak Classic Tournament
- Nov 4 - Grade 12 Assessments
- Nov - 5 - Photo Retakes
- Nov 6 - Grade 12 Assessment Catch Up
- Nov 7 - Grade Assembly
- Nov 10 - Remembrance Day Assembly
- Nov 11 - Remembrance Day - No School
- Nov 12 - Quarter 1 Ends
- Nov 17 - Grade 8 Elective change (E3)
- Nov 20 - Grad Hoodie payment deadline
- Nov 21 - Learning Updates Sent home
- Nov 26th - Mandatory Grade 12 Meeting



Peter Skene Ogden Secondary
For all Parents/Caregivers with students in K-12

SOCIAL MEDIA AWARENESS, DIGITAL CITIZENSHIP, AND CYBERBULLYING

Hosted by School District 27



SAFER
SCHOOLS
TOGETHER

LEARN MORE ABOUT:

- **Social Media Updates**
The most current apps and trends in your children's social media lives.
- **Digital Parenting Strategies**
How to have important conversations with your child around social media/online safety.
- **Digital Tattoo/Reputation**
With recruiters and employers taking note—what will they find surrounding both you and your child online?
- **Family Suggestions**
Recommendations for family guidelines on navigating the digital world.



ABOUT THE SESSION

As a parent or caregiver, you play a vital role in shaping how your child becomes a responsible digital citizen. By serving as a role model, you set the tone for how they interact with the online world and help establish healthy boundaries and safeguards where needed. With your guidance, your child can develop a strong foundation in digital citizenship—learning to navigate the internet safely, respectfully, and responsibly. Join us as we share practical strategies, up-to-date information, and key focus areas to help keep children safe and supported in their online experiences.



To RSVP, please click on the [link here](#) or scan the QR Code.



ABOUT SST

Safer Schools Together (SST) specializes in enhancing school safety by providing comprehensive training, services and tools that address both digital and behavioural threats.



DATE:
Monday, Oct. 20th



TIME:
6:00–8:00pm

CLOSED CAMPUS

Peter Skene Ogden Secondary is a closed campus during instructional time. If students need to leave the school, they must sign out at the office so that the school knows where they are. We have lunch food available daily, a healthy vending machine that accepts debit. There is no supervision once students leave school.

EARLY DISMISSAL DAYS

October 21 and 22 are district-wide early dismissal days. PSO will dismiss at 2:15 (one hour early) and buses will run as usual, one hour earlier, across the district.

AFTER SCHOOL ARRANGEMENTS REMINDER

We kindly ask that all after-school plans be made before the school day begins. Our office can be extremely busy in the afternoons, and last-minute changes may not always reach students in a timely manner.

To ensure a smooth and safe end to the day for everyone, please communicate any necessary arrangements with your child ahead of time. Your cooperation is greatly appreciated!

PHOTO RETAKES

Photo retakes are scheduled for Wednesday, Nov 5th in the morning. PLEASE NOTE: everyone must have their photo taken to receive a student ID card and to be in the school yearbook.

MYED PARENT PORTAL

Stay Connected with Your Child's Progress

We encourage all parents to regularly log into the MyEd Parent Portal to monitor your child's marks, assignments, and attendance. Staying informed is a great way to support your child's success at school.

If you're experiencing any issues accessing the portal, please don't hesitate to contact the school office at 250-395-2461 for assistance.

UNIVERSITY FAIR FOR GRADE 12'S

The morning of October 23rd we will be hosting many universities for a visit and to share info about university life , courses, and options for after high school graduation. Not only will UBC, SFU and UVIC be there cut several others including TRU, CNC and UNBC. Please reach out to the Counselling Department if you have questions and feel free to come for coffee and goodies. This event will run from 9:30 to 11 am and will take place in our gymnasium.

CLC NEWS

Capstone proposals are now overdue. Please submit ASAP. CLC 12 Assignments are due November 12, 2025. See Mrs. Gardner or Heather if you need any assistance.

GRADE 12 ASSESSMENTS

Grade 12s assessments will be held on Nov 4th. Ms. Giesbrecht's English 12 class is scheduled for 9:00am and Ms. Tetlock's English First People's 12 class will be at 12:30. Catch up for Grade 12's who missed their Grade 10 assessments will be on Nov 6th at 12:30

FALL SPORTS SCHEDULE

SOCCER

Tuesdays and Thursday from 3:30 to 5:00 pm (Bottom Field - Please see Mr. Keller for more info)

RUGBY

Mondays & Wednesdays 3:30 to 5:00 pm (Please see Mr. Taylor for more info)

VOLLEYBALL

Sr. Girls on Mondays at 3:30 to 5:00 pm in gym (Please see Ms. Bjelde, Mrs. Meville and Mrs. Pugh for more info)

BOYS VOLLEYBALL

Tuesdays and Thursdays 3:30-5:30pm

INDOOR CLIMBING

Tuesdays after school from 3:30 to 5:00 in the weight room & at lunch on Thursdays. (Please see Mr. Murray for more details.)

PSO CODE OF CONDUCT

Our School Code of Conduct is a living document that we continually amend and adapt to ensure our school is safe and student expectations are clear. We encourage feedback from parents to ensure our Code of Conduct is clear and helps guide student behaviour. Please become familiar with our Code of Conduct and contact school administration with any questions or comments. Please click on this link to view - **PSO Code of Conduct**

BUS PASSES

We are still receiving bus passes from the Transportation Department. We have been assured that students who have not yet received their passes or have misplaced them will still be permitted to ride the bus.

ERASE = EXPECT RESPECT & A SAFE EDUCATION

ERASE = Expect Respect & A Safe Education: Students can report a problem or find help; parents can explore resources and access training, and school staff can find resources for their classrooms and the school. ERASE posters are in classrooms and posted around the school.

GRAD HOODIES

Grad hoodies are now available to order. Payment must be received at time of ordering. Hoodies are \$80.00 each, personalization is \$5.00 extra. Hoodies come in black, dark grey and light grey.

Deadline for ordering is November 20th, 2025

HALLOWEEN SPIRIT WEEK

Oct 27- Halloween colours

Oct 28- Pumpkin day

Oct 29- Monster Day

Oct 30- Scary Makeup

Oct 31- Costume Day

HOMEWORK REQUESTS

At PSO Secondary School, we strongly encourage students to take an active role in their education, even when they are away from school due to illness, vacation, or other reasons. One of the most effective ways to support your child during an absence is to maintain open communication with their teachers.

Please contact teachers directly via email for homework or class updates. This direct line of communication helps ensure your child receives accurate and timely information about what they've missed. Teachers are best positioned to provide details about current lessons, assignments, and expectations, and can work with you or your child to arrange for homework to be sent by email or have a homework package prepared for pick-up at the school office.

While the school office is always here to support families, we do not have up-to-date information on daily classroom activities and therefore are not the best source for homework requests.

Encouraging your child to reach out to their teachers directly also fosters independence and personal responsibility—key skills for high school success.

Thank you for your continued support!

—

PSO Secondary School Office Team

On the following page, we have provided a list of teacher emails for you to have quick access to.

TEACHERS EMAILS

First Name	Last Name	Email Address
Mattias	Aaslie	mattias.aaslie@sd27.bc.ca
John	Barriault	john.barriault@sd27.bc.ca
Matt	Beeson	matt.beeson@sd27.bc.ca
Chloe	Bjelde	chloe.bjelde@sd27.bc.ca
Kimberly	Brandt	kimberly.brandt@sd27.bc.ca
Lisa	Dugaro	lisa.dugaro@sd27.bc.ca
Kimberly	Gardner	kimberly.gardner@sd27.bc.ca
Sarah	Giesbrecht	sarah.giesbrecht@sd27.bc.ca
Sharmaine	Grimes	sharmaine.grimes@sd27.bc.ca
Ken	Heales	ken.heales@sd27.bc.ca
Lianne	Heales	lianne.heales@sd27.bc.ca
Stephen	Johnson	stephen.johnson@sd27.bc.ca
Steven	Keller	steven.keller@sd27.bc.ca
Kaitlin	Kreczmer	kaitlin.kreczmer@sd27.bc.ca
Chris	<u>LeFlufy</u>	chris.leflufy@sd27.bc.ca
Kyla	Marten	kyla.marten@sd27.bc.ca
Lori	Meville	lori.meville@sd27.bc.ca

John	Murray	john.murray@sd27.bc.ca
Jasmine	O'Leary	jasmine.oleary@sd27.bc.ca
William	Pichette	william.pichette@sd27.bc.ca
Lisa	Pugh	lisa.pugh@sd27.bc.ca
Christopher	Saban	chris.saban@sd27.bc.ca
Tai	St Pierre	tai.stpierre@sd27.bc.ca
Jessie	Sviatko	jessie.sviatko@sd27.bc.ca
Kameron	Taylor	kameron.taylor@sd27.bc.ca
Amanda	Tetlock	amanda.tetlock@sd27.bc.ca
Ria	Tromp	ria.tromp@sd27.bc.ca
Denise	Van Dalen	denise.vandalen@sd27.bc.ca
Yuening	Yang	yuening.yang@sd27.bc.ca
Caitlin	Currie	caitlin.currie@sd27.bc.ca
Shawn	Meville	shawn.meville@sd27.bc.ca
Robert	MacDonald	robert.macdonald@sd27.bc.ca
Jodi	Wium	jodi.wium@sd27.bc.ca
Heather	Wood	heather.wood@sd27.bc.ca



STEPS TO RESOLVE CONCERNS

Steps to Resolve Concerns: If you have concerns with a situation at the school there are steps to follow to ensure your concern is dealt with efficiently and properly. Please refer to [Steps to Resolve Concerns](#) for more information.

HALLOWEEN COSTUMES

If your child(ren) participates in dressing up for Hallowe'en on October 31st, please make sure they don't bring fake weapons of any kind to accompany their costumes and refrain from dressing up as "creepy clowns," as this may lead to fear among the school population.

We also ask that students avoid dressing up as a stereotype of an entire culture of people as this is cultural appropriation. Instead, encourage them to be imaginative and creative and to wear a school-appropriate costume.



PAC MEETING

The next PAC meeting will be their AGM meeting on Oct 22nd at 5:30pm in the school library.

PARKING

Please use the drop-off loop that is located at the front of the school, but do not park in the fire lane at the front of the school. Also, please be mindful about your speed as this is a school zone. Thank you for your understanding.

Contact Info

Phone: 250-395-2461

Email: PSOinfo@sd27.bc.ca

Administration Team

Caitlin Currie, Principal

Shawn Meville, Vice Principal

Robert MacDonald, Vice Principal

Counselling

Jodi Wium, School Counsellor

Heather Wood - Career Counsellor

Nicki Hansen - Youth Engagement Worker

Clerical Team

Shantell Silvey, Accounting

Sylvia Zailo, Records

Nicki Jackson, Office Front Desk

PSO Indigenous Support Workers

Angel Smith

Sharmaine Grimes



PSO Drama Club Presents:

TREASURE ISLAND

Adapted by: Todd Espeland from Robert
Louis Stevenson

**THE PLAY WILL TAKE PLACE IN
EARLY DECEMBER
LOCATION: PSO CAFETERIA
STAGE**

**Concession is provided before the show and at
intermission**

CLUBS

GSA CLUB: MONDAYS @ LUNCH RM 147

LEADERSHIP CLUB: TUESDAYS @ LUNCH RM 120

GAMING CLUB: EVERY DAY AT LUNCH RM 118

FIBRE ARTS CLUB: FRIDAYS AT LUNCH IN LIBRARY

DRAMA CLUB - TUESDAYS AND THURSDAYS FROM
3:30 TO 5PM IN THE FOODS ROOM

POETRY CLUB - PLEASE SEE MS. WIUM FOR MORE
INFORMATION

CLIMBING CLUB: THURSDAY AT LUNCH AND TUES
AFTER SCHOOL 3:30-5PM

ALSO THE GYM IS OPEN TO ALL IN THE MORNING
BEFORE SCHOOL AND AT LUNCH

THINGS HAPPENING AT PSO



Ms. Tetlock's English First Peoples 12 class working in stations for Truth and Reconciliation Week. RCMP Cst. Flett working with students on a beading project.



Students finished beading project



Nicki Hansen supervising students on the school wide Truth and Reconciliation Project



School wide Truth and Reconciliation Project



Mrs. Meville and students



Drucilla Archie leading a drumming song at the Truth and Reconciliation assembly

THINGS HAPPENING AT PSO



Ms. Kreczmer class on a walking trip to Centennial Park Waterfalls. Ira Carlson, Adler Wood and Justin Pearson enjoying the fall day.



Conner Dejonghe and



Adler Wood on the walking trip to Centennial Park



Jr. Boys Rugby Team



Sr. Boys Rugby Team

PSO GRAD 2026

HOODIES



\$80.00

See office for
samples and sizes

**AVAILABLE IN BLACK, LIGHT
GREY, AND DARK GREY**

\$5.00 extra for personalization on sleeve
All orders and payments due by November 20, 2025

\$5 ENTRY / 5 FREE GAME TICKETS!

ALL PROCEEDS TO PSO DRY GRAD 2026

HOT COCOA!

POPCORN!

**PHOTO
BOOTH!**

**FACE
PAINTING!**

GAMES!!

**OUTDOOR
MOVIE!**

PSO GRAD

HALLOWEEN

**HAUNTED HOUSE
&
FAMILY CARNIVAL**

**SATURDAY, OCTOBER 25TH
2PM TO 7 PM**

**108 HERITAGE SITE CLYDESDALE BARN
CARNIVAL OUTSIDE**

10 WAYS TO KEEP YOUR BRAIN HEALTHY

 @BELIEVEPHQ

MENTAL HEALTH

Look after your mental health. Spend time each week to practice some self care

BREATHE

Take time to breathe and slow down

HABITS

Maintain healthy habits. Don't smoke or drink excessively

CHALLENGE

Engage in mentally challenging activities

DIET

Eat a well balanced diet and make sure you don't skip meals

CONNECT

Stay socially active. Keep in contact with friends and family

EXERCISE

Engage in regular cardiovascular exercise

HYDRATION

Keep topped up regularly through the day to help your brain and body out

SLEEP

Aim for 7-9 hours of sleep per night

LEARNING

Keep learning and engaging your brain with new and exciting content. Why not join a new class or course?

